

WELCOME TO ART HARBOR CAMP AT WINDHOVER ~ 2010

Please review the following information a few days prior to the first day of camp!

Welcome call: Your camper can expect a “welcome to camp” call from his/her counselor. Learn the name of your Camper's Counselor. When you drop your Camper off on Monday it will make it easy to direct you to your child's group.

Directions: Windhover Performing Arts Center, 257 Granite Street, (Rt. 127A) in Rockport (www.windhover.org). Enter at the upper parking lot, at the blue Windhover sign and the Art Harbor flag.

Parking: Upper Lot Only.

Camp day: Our camp day is from 9:00 am to 4:00 pm.

Arrival time: LITs (Leaders in Training) 8:30 – 8:40 am

Campers: 8:40 – 9:00 a Please be on time morning and afternoon.

Departure time: 4:00 pm Please note: The Campers will be in the Meadow for an ALL CAMP SING ALONG everyday at 3:45 (including Friday) please come early and listen!

Late Arrivals: After 9:00 am, Parents will need to walk their Camper into Camp. This is highly discouraged. Meadow Reverie actually begins at 8:40 or as soon as the first Camper arrives.

Absenteeism: If your Camper is going to be absent on any given day, please call you Camper's Counselor by 8:55 am. Otherwise we will contact you per Health Department regulations.

Camper release: Campers must be escorted to camp in the morning and picked up at the end of the day. Campers will only be released to adults registered on the camper's registration form.

Camper prep: Please send your camper rested, fed, and WELL!

The Great Outdoors: Please check your Camper daily for ticks, bites, scrapes, bruises, rashes. We are very diligent at camp, but the more diligence the better.

Friday Family/Friends Fest: On Friday, meet in Meadow at 3:45 pm. All CAMP SING 3:45-4:00. We will all walk to the FEST SHOW together IN SONG. SHOW: 4:05-5:15. Gallery Walk: 5:15-6:00.

Sunscreen/bug spray: Please apply sunscreen and bug repellent to your camper prior to coming to camp. Send sunscreen and bug repellent with your child to use for re-application during the day. Because of allergies we do not share sunscreen/repellent. If you want reapplication send a note to your camper's counselor.

Two lunches each day: The lunches this year are called FIRST FEAST from 11:00-11:30; ABUNDANT FEAST from 1:00-2:00. Send wonderfully delicious food that your camper will eat and enjoy at both meals. Please do not send peanut butter or any nut products due to the extremely serious allergies that threaten so many children.

Water/cold drinks: Please send plenty of water and several drinks for each day of camp. It can be a very long, hot day without enough beverages. Please do not send soda.

Refrigeration: Food/drinks should be sent in thermal containers (lunch boxes, coolers) with ice packs. They will be stored in the cabins out of the sun.

Rain: Staff will still meet Campers in Meadow and escort to Cabins. Campers will be escorted to the top of the Meadow at 4:00 pm for Pick-up. Windhover has more than adequate shelter. Do send your camper with rain gear (jacket and rain boots)

Wear: Old, cool, comfortable clothing appropriate for the day's weather. Rain boots for the dew drenched meadow; sneakers not sandals.

Items to bring: Hat for the sun, jackets, painting smock, sweaters, rain gear, and change of clothing may be stored in the cabin for the week. Campers should move into their cabin with anything that will make them cozy, inspired, happy.

Items NOT to bring: gum, valuables, money, treasures of any sort, iPods, cell phones, tech toys and gadgets.

Medication: Must be handled per the Camper Health Form and in consultation with the director, health care supervisors, and counselor.

Allergies: All allergies must be detailed on the Camper Health Form. Make sure you talk to the director concerning severe allergies or health conditions of any kind.

Questions: Please feel free to contact camp director, Dona Lambert at donalambert@peoplepc.com and/or assistant camp director Ian Sonia at iansonia21@yahoo.com. Ian is the coordinator of the -new-Leader in Training Program. Dona and Ian will be happy to call you as well.

Special needs: Make sure you talk to the director, Dona Lambert concerning any special needs your camper may have.

ART HARBOR CAMPER SUPPLY CHECKLIST
PLEASE LABEL EVERYTHING WITH YOUR CAMPER'S NAME.
(EXTRA GEAR CAN BE STORED IN CAMPER'S CABIN FOR THE WEEK.)

- Two substantial lunches-stored in cooler with ice packs. NO NUTS PRODUCTS PLEASE.
- Water
- Cold drinks
- Extra bottled water
- Beach towel
- Bug repellent
- Sunscreen
- Sneakers not sandals/flip-flops
- Hat for sun
- Jacket-for cool days
- Sweater
- Smock for art class
- Rain jacket
- Rain boots
- Book to read at lunch
- Journal or small note book for sketching/journaling.
- Blankets for cabin and bed if desired
- Medication-labeled with child's name and dosing. Parents should deliver medications to counselor.

Record the Cell phone # of your Camper's Counselor along with the Emergency #'s listed below.

Dona Lambert, Camp Director Cell~978-290-1536 Evenings/Home~978-546-2416

Ian Sonia, Assistant Camp Director~978-559-1554

Brian Audano~978-290-0071

Kristy Levick~978-559-1184

Art Harbor~978-546-9041 (answering machine only)

Windhover office~978-546-3611 for Emergencies only if you couldn't reach one of the cells.

**ART HARBOR IS IN COMPLIANCE WITH THE REGULATIONS OF THE MASSACHUSETTS
DEPARTMENT OF PUBLIC HEALTH AND IS LICENSED BY THE BOARD OF HEALTH.**